SEPTMBER 23 & 24, 2015
HOME CARE AND HOSPICE ALL STARS
A WINNING HEALTHCARE TEAM
HOLIDAY INN LAWRENCE, KS ANNUAL MEETING
KANSAS HOME CARE ASSOCIATION
YOU'RE INVITED!
The Kansas Home Care Association invites you to our 2015 Annual Meeting at the Holiday Inn Hotel & Convention Center, Lawrence, Kansas – a great location for 2½ days of education, networking, and fun!

HOTEL INFORMATION:
The Holiday Inn Hotel & Convention Center, 200 McDonald Drive, Lawrence, Kansas, has reserved a block of rooms at the special KHCA rate of $75 per night (single and double, tax not included). The room block will be held until September 4, 2015, so be sure to make your reservations by that date. For online reservations, click here, then simply verify the date of arrival and departure and click on “Check Availability” to start the reservation process. Reservations can also be made by calling the hotel directly at 785/841-7077. Remember to mention the Kansas Home Care Association Annual Meeting when reserving your room(s) by phone.

WORKSHOPS

Tuesday, September 22, 2015

Pre-Conference – 1:00 - 4:00 p.m., 3.2 CNE contact hours
UP TO BAT — HIT THE BALL OUT OF THE BALLPARK — BUILD YOUR TEAM

We see many home care professionals thrown into the role of “boss” when most of their career has been spent in the trenches. This pre-conference is designed to give you some key leadership skills that you can apply right now if you’ve recently joined the ranks of management, will soon move into that role, or you hope to someday. Specifically, this workshop focuses on leader traits and skills; leader behavior; the importance of leadership organizational effectiveness; motivating employees by using the question of “WHY” and learning how to accomplish more by doing less using one simple strategy. This is a hands-on workshop using discussion, group and individual exercises. (Level: General) Chris Keeshan, MS, Founder and President, and Sheri Cafer, Fundraising Strategist, CKA, Inc.*, Topeka, KS

* CKA is a nationally recognized company that provides fundraising consulting, coaching & organizational training – we hope you will take advantage of this special offering before the Annual Meeting!

Wednesday, September 23, 2015

Opening Keynote – 8:30 - 9:30 a.m., 1.2 CNE contact hours
THE BASES ARE LOADED: A NATIONAL HOME CARE & HOSPICE UPDATE

There is a lot going on in Washington; how do home health, hospice and palliative care fit into policymakers’ priorities? In this session, we’ll examine the outlook in Washington—from recently proposed changes to anticipated new legislation. We’ll discuss what these changes mean for your organization and the top three things you can be doing to advance supportive policies. (Level: General) Molly Smith, VP of Policy and Regulatory Affairs, Visiting Nurse Associations of America, Arlington, VA

M1 – 9:45 - 10:45 a.m., 1.2 CNE contact hours
STATE SURVEYS — ALL-STAR LINE-UP OF HOT TOPICS

Healthcare institutions including home health agencies are being asked to do more and more for their patients with fewer resources and reimbursements. Learning how to be survey ready is one way to reduce some of your agency’s stress during these times. An all-star line up of hot topics presented by KDHE will help keep you up to speed on current, new, and impending regulations. Understanding the most frequently cited deficiencies and ways to avoid them will help prepare your home health agency to hit a home run on your next survey. (Level: General) Angela Jirik, RN, BSN, BA, CCRN-Alumnus, State Survey Manager, and Julie Sengstacken, MS-PSL, BSN, CPHQ, HACP, OASIS/Risk Management Manager, Kansas Department of Health & Environment, Topeka, KS

WORKSHOP TRACKS:
M - Management
C - Clinical
H - Hospice
WORKSHOPS (CONT.)

C1 – 9:45 - 10:45 a.m., 1.2 CNE contact hours
TACKLING C-DIFF HEAD ON
Clostridium difficile infection (CDI) is an ever-increasing threat in the hospital and in the community, presenting with both an increased incidence and severity. This workshop will provide an overview of the problem of CDI, including incidence, risk factors, pathogenesis, diagnosis and treatment options. (Level: General) Linda McBride, MS, RN, Senior Consultant, Product Marketing, CVSHealth, Chicago, IL

H1 – 9:45 - 10:45 a.m., 1.2 CNE contact hours
KNOCKING PAIN OUT OF THE PARK: UTILIZING A MULTI-MODAL/MULTI-DISCIPLINARY APPROACH TO PAIN MANAGEMENT
Pain is a complex experience that requires a multi-modal, multi-disciplinary approach for effective management. This workshop discusses the challenges of effective pain management and creative solutions that utilize the hospice team. (Level: Intermediate) Janelle Williamson, APRN/NP-C, ACHPN, Pain and Palliative Care Services Nurse Practitioner, Lawrence Memorial Hospital, Lawrence, KS

Luncheon (L1) – 12:00 - 1:30 p.m., 1.0 CNE contact hour
FROM DEFEATER TO CHEERLEADER: HARNESSING HAPPINESS FOR POSITIVE CHANGE
This presentation will introduce participants to the science of happiness, and will help them discover the importance of positive psychology. Participants will leave with ideas to help make change stick using positive psychology strategies for success. (Level: General) Melia Stockham, Ph.D, ABD, Program Evaluator, Workforce and Leadership Development, Blue Cross/Blue Shield, Lawrence, KS

M2 – 2:30 - 4:30 p.m., 2.4 CNE contact hours
KNOW YOUR GAME STATISTICS; INCREASE YOUR THERAPY RBIs
Therapy practice patterns have been targeted by Program Integrity Contractors as being costly to the Medicare program. Program Integrity audits are triggered by data available that reveal costly practice patterns. This session provides agencies with strategies to determine their own level of risk and to focus compliance activities to reduce risk due to therapy policy and practice. (Level: Advanced) Karen A. Vance, OTR, Managing Consultant, BKD, LLP, Springfield, MO

C2 – 2:30 - 4:30 p.m., 2.4 CNE contact hours
CASE MANAGEMENT: A WINNING GAME PLAN
Case management is the key to success in homecare. Many are often confused by what case management is and think that it is too difficult to do. This session will show that a case management model is no more than having the multidisciplinary team working together to care for a patient, using goal driven care to increase patient outcomes. An effective case management model will lead to Increased Outcomes, Increased Financial Viability, Increased Customer and Employee Satisfaction. (Level: General) Sharon M. Litwin, RN, BSHS, MHA, HCS-D, Senior Managing Partner, 5 Star Consultants, Camdenton, MO

DISTRICT BREAKFAST:
Arrive early on Wednesday morning to network with other member agencies in your KHCA district. Areas will be designated for each district to congregate from 7:30 to 8:30 a.m.

BUSINESS MEETING:
The KHCA Annual Meeting Business Meeting will be held at the start of Wednesday’s luncheon. This brief meeting will allow for necessary association business to be conducted.

WEDNESDAY EVENING SOCIAL:
Take a break and enjoy the company of your peers and others involved in home care and hospice. From 4:30 to 6:00 pm on Wednesday evening, join us in Regency A of the Holiday Inn Lawrence Hotel & Convention Center for some local flavors, a cash bar and some friendly “Olympic” competition. The rest of your evening will be free for you to relax or explore Lawrence.

WORKSHOP TRACKS:
M - Management
C - Clinical
H - Hospice
2015 KHCA AWARDS & RECOGNITION:
During Thursday’s Luncheon, KHCA will present its 2015 Awards & Recognition. During this event, we come together as a true home care community... all disciplines together celebrating the distinguished performance and service of some of its special people.

CONTINUING EDUCATION:
Kansas Home Care Association is approved as a provider of CNE by the Kansas State Board of Nursing. Course offerings are approved for contact hours applicable for APRN, RN, or LPN relicensure. Kansas State Board of Nursing provider number: LT0287-314. Other disciplines will need to apply independently – a certificate of attendance will be provided.

SPECIAL NEEDS/QUESTIONS:
If you have special needs or questions regarding workshops, scheduling, accommodations, meals, etc., please contact the KHCA office at 785/478-3640 or e-mail us at khca@kshomecare.org.

WORKSHOPS (CONT.)

H2 – 2:30 - 4:30 p.m., 2.4 CNE contact hours
COPING WITH THE MARATHON OF LIFE: COMFORT CARE IN HOSPICE
The patient and family set the pace and goals of the marathon of life. The healthcare team helps them cope with difficulties and enjoy challenges of life. This workshop will discuss many aspects of comfort care and education for all running this race. (Level: General) Catherine Powers, MD, Medical Director, St. Luke’s Hospice and Catholic Community Hospice, Leawood, KS

Thursday, September 24, 2015

M3 – 8:30 - 10:45 a.m., 2.5 CNE contact hours
GOING FOR THE TRIPLE CROWN – ACCOUNTABLE CLINICAL MANAGEMENT & COMPENSATION MODELS
Manage both the clinical and financial outcomes of your staff using objective monitors of performance elements, and compensation models that align incentives of your agency with incentives of staff. Hold clinical staff accountable for the outcomes your agency desires. (Level: Intermediate) Karen A. Vance, OTR, Managing Consultant, BKD, LLP, Springfield, MO

C3 – 8:30 - 10:45 a.m., 2.5 CNE contact hours
HIT A HOME RUN WITH DOCUMENTATION
The information in the clinical record will “make or break” your agency! Documentation must meet a variety of requirements: CMS regulatory CoP’s, HHRG reimbursement, legal considerations, and care coordination. This program will update your staff on the essentials of good documentation, with specific attention to meeting CMS requirements and supporting OASIS responses to insure appropriate reimbursement. (Level: General) Teresa Northcutt, BSN, RN, COS-C, HCS-D, Senior Associate Consultant, CoDR Quality Manager, Selman-Holman & Associates LLC, Denton, TX

Luncheon (L2) – 12:00 - 1:30 p.m., 1.0 CNE contact hour
HEALER, HEALING AND HUMOR
There are four attributes to our health; the physical, mental, the emotional and spiritual. Our attitudes, perceptions, as well as our chosen responses, affect not only the above attributes, but those we work with, and those that we serve. The best of humor is described, not as jokes, but anything that results in joy and laughter. Humor lifts us to our healing, and assists us in our well-being. (Level: General) T. Marni Vos, President, Laughter’s Echo Inc., Omaha, NE

M4 – 1:45 - 4:00 p.m., 2.5 CNE contact hours
COMING DOWN TO THE WIRE FOR ICD-10, COPs, AND QAPI
Major changes on the horizon! This session will delve into the three looming areas: ICD-10 – how to make last-minute transition plans for your agency and understand the basics of working in ICD-10; Proposed COPs – what is different, review the major paradigm shift to coordinated care; QAPI – determine if your QI plan meets the definition, and how you can upgrade your QI plan to make it work for your agency. (Level: General) Sharon M. Litwin, RN, BSHS, MHA, HCS-D, Senior Managing Partner, 5 Star Consultants, Camdenton, MO
**WORKSHOPS (CONT.)**

**ON OUR WAY TO THE PENNANT – WOUND CARE FOR A WINNING CLUB**

This session will begin with a general overview of pressure ulcer assessment and management. We will then move into proper documentation of chronic wounds. Finally, we will examine available dressing selection options and advanced treatment modalities.  
(Level: Intermediate)  
*Suzanne Mitchell, PhD, APRN, FNP-BC, CW, Nurse Practitioner, Department of Plastic Surgery, University of Kansas Medical Center, Kansas City, KS*

**HOME HEALTH AIDE CONCURRENT CONFERENCE**

**Thursday, September 24, 2015**

(5.0 Hours Inservice Credit) The Home Health Aide Conference is not included in the one- or two-day registration packets, but must be purchased separately. During the noon hour, the home health aides will join other conference participants to attend the luncheon workshop L2.

**8:30 - 9:30 a.m.**

**TEAMWORK – A SLAM DUNK FOR HOME HEALTH**

All home care is team driven. We all come from different life experiences and personalities. This workshop explores building rapport, trust, and communication with each other and the patients we serve.  
*Terri Wahle, RN, Director of Home Health and Hospice, Home Health at Geary Community Hospital, Junction City, KS*

**9:45 - 10:45 a.m.**

**DON’T PUNT, GO FOR THE SCORE IN SAFE TRANSFERS**

Every day, challenges exist in patient care that can cause injury to your back, arms and legs. Learn how to safely transfer your patients while reducing the risk of injury to yourself.  
*Carol Whittlesey, PTA, Midland Care PACE/Home Health/Hospice, Topeka, KS*

**1:45 - 2:45 p.m.**

**THE FINAL PLAY IN THE GAME OF LIFE**

Home Health Aides have a special and important connection to patients, especially at the end of life. Participate in the “The Final Play in the Game of Life” to expand your skills in caring for terminally ill patients and their families. Using a team metaphor, define your role in identifying and meeting patient and family needs and coordinate with other medical disciplines. Envision using your heart, compassion and skill to collaborate with your patient, their family and the practice team to promote comfort, reconciliation and true peace at the end of life.  
*Julie Baldwin, RN, CHPN, Hospice Nurse, and Christina Jordan, LMSW, Visiting Nurses, Lawrence, KS*

**3:00 - 4:00 p.m.**

**SPORTS FOR MIND AND BODY**

This workshop will provide resources and ideas to address individual client needs that promote wellness using mind and body activities. Handout will be provided for each registrant to use as a resource in dealing with future clients.  
*Judith Bellome, RN, BSNEd, MSEd, Aging Advocate, Retired CEO, Douglas County Visiting Nurses Association, Lawrence, KS*
EXHIBITOR ACTIVITIES:
Exhibitors will be present both days of the Annual Meeting. Extended breaks between workshops allow you time to visit each exhibitor to learn about the various home care and hospice products and services they have to offer. We also invite you to meet annual meeting co-sponsors through "Up-Close with a Co-Sponsor" – mini-workshops, on the exhibitors' choice of topics, to be presented during the networking hours. For the first time this year, we will also offer "Up-Close with an MCO" sessions.

DOOR PRIZE GIVEAWAY:
Thursday, September 24
Noon—12:15 p.m.
To conclude our exhibitor activities, door prizes from supporting vendors will be announced at this time. Since you must be present to win, you won't want to miss this event!

2015 PARTICIPATING VENDORS

- 5 Star Consultants
- Alternacare Infusion Pharmacy
- AxelaCare Specialty Pharmacy
- Blue Cross Blue Shield of Kansas
- Centurion Medical Products
- Clock Medical Supply
- Coram Specialty Infusion
- HMP DME Services
- Infusion, LLC
- KCI an Acelity Company
- Kinnser Software
- Pharmacare Health Specialists
- PPS Plus Software
- Sunflower Health Plan
- Via Christi Home Medical

Patient Care with a Personal Touch – providing home infusion services for 20 years including TPN, IGG, Antibiotics and more throughout the State of Kansas.

913-906-9260 or 1-800-625-5781
Alternacare will continue to support your winning team at this year’s conference. As always, thank you for your tremendous commitment to the people of Kansas.

PPS Plus Software
Completing the OASIS is hard enough. We make reviewing it easy!

www.ppsplus.com

Via Christi Home Medical Infusion Pharmacy

- 24-hour pharmacist home care
- Variety of infusion services
- Serving all of Kansas

Call 316.858.2100

(paid advertisements)
REGISTRATION INFORMATION

| Ticket Pricing │ Early Bird Price (by Aug 21) | Member Price after August 21 | Non-Member Price |
|----------------|------------------------------|-------------------------------|------------------|
| Pre-Conference, Tuesday, September 22 (3.2 CNE contact hours) | $50 | $60 | $120 |
| Wednesday Only, September 23 (4 workshop sessions, lunch included (5.8 CNE contact hours)) | $155 | $180 | $360 |
| Thursday Only, September 24 (3 workshop sessions, lunch included (6.0 CNE contact hours)) | $155 | $180 | $360 |
| 2-Day Packet, September 23-24 (7 workshop sessions, lunch included (11.8 CNE contact hours)) | $230 | $260 | $520 |
| HH Aide Conference, Thursday, September 24 (5 inservice credit hours, lunch included) | $85 | $95 | $190 |

SPLITTING REGISTRATIONS
One- and two-day registration packets may be split among multiple employees within your agency. When completing the online registration, select your ticket option with the first registrant, then choose to "ADD GUEST" and complete both the "Registrant Information" and "Workshop Selection" portions of the online registration form for the second registrant (skipping the ticket portion).

WORKSHOP SELECTION REQUIRED
Due to limited workshop classroom space, we require that each attendee select the specific workshop(s) he/she plans to attend. Registrations will be accepted on a first-come basis. Remember, midday workshops with luncheons are included in the price of each day's registration, but you must indicate your plans to attend with your online registration.

CONFIRMATION/INVOICE
Letter of confirmation with map link and an invoice will automatically be generated once you confirm your online registration. Credit cards cannot be accepted.

CANCELLATIONS
Refunds, less a $25 processing fee, are available for cancellations received by September 16. No refunds will be given for cancellations received after September 16. No-shows will be held responsible for payment.

REGISTRATION MUST BE COMPLETED ONLINE... CLICK HERE to register.

REGISTRATION DEADLINE: TUESDAY, SEPTEMBER 8, 2015

HANDOUTS
Handouts will be made available online prior to the conference. Each attendee will be responsible for printing and bringing their own handouts to each workshop.

TRANSFERRING REGISTRATIONS
If necessary, registrations may be transferred to others within your agency. Change requests should be sent by email: kada@kshomecare.org. Replacements and transfers made after September 8 or at the Annual Meeting will be required to complete a special form at the registration desk.

MONITORS
Monitors are needed to assist with the sign-in/certificate distribution process for each workshop. Please indicate on your registration if you are willing to help with a workshop for which you have registered to attend.

PROGRAM CONTENT - KHCA greatly appreciates the time and effort on the part of our speakers and vendors in providing information for our attendees. The Kansas Home Care Association feels an obligation to present the widest possible viewpoints represented in the home care and hospice arena. However, the participation of any speaker/vendor/product in our presentations does not constitute an endorsement by this association. As always, participants are advised to exercise diligence and/or seek further counsel in making any decisions that affect their business or the quality of services provided.
Want to attend at the member rate, but not yet a KHCA member? Visit www.kshomecare.org for your membership application and join today!

You’re invited to the Kansas Home Care Association 2015 Annual Meeting September 23-24, 2015 Lawrence, Kansas

Register by August 21 for an early bird discount.